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**ARTEMI – Art and Education for social inclusion of migrant women**

*Erasmus+ Cooperation partnerships in adult education 2022-1-IT02-KA220-ADU-000089426*

* The project aimed to:
* Create tools for the empowerment of migrant women, through the combination of effective training methodologies such as art therapy, storytelling, psychological support practices and mutual aid.
* Promote among migrant women of different ages and origins, resilience, creativity, to overcome psychological distress and facilitate integration into host societies, through activities aimed at increasing self-esteem and an attitude of self-entrepreneurship.
* -Involve a large number of organizations at local/national/European level in addressing the problems of migrant women.

In terms of tangible results, the project has produced:

• PR1 - ARTEMI TOOLKIT – This is a guide tool for educational activities based on art therapy for social inclusion through artistic-craft approaches, autobiographical narration techniques and digital storytelling to support migrant women in their projects for emancipation. The Toolkit contains:

- a section dedicated to the description of the methodological approaches used in the project;

- a section containing 21 workshops resulting from the experimental activities carried out.

• PR2 – ARTEMI OCCUPABILITY GUIDELINES - Guidelines for the employability of migrant women with activities – based on an art therapy approach – aimed at bringing out personal skills and abilities, improving transversal and digital skills, starting self-entrepreneurship projects, guiding them towards study and professional training. The guidelines contain:

- an introductory part concerning the methodologies for the development of skills in the workplace based on art therapy, autobiographical narration and digital storytelling;

- a section containing 12 workshops resulting from the experimental activities carried out by the project, concerning the development of soft skills, specific professional skills and skills for self-entrepreneurship.

• PR3 - ARTEMI SUPPORT PRACTICES - A publication concerning the practices of psychological support for migrant women and peer support groups, through art therapy and Sand play therapy approaches.

**The project has produced three additional results, namely:**

- a book of memories and recipes resulting from the cooking workshop animated by the DUN association;

- three video tutorials on the practices created by the project;

- a short film resulting from the cinema workshop created by DUN.

**Download the results on the Artemi website:**

<https://www.artemi-project.eu/results/>

**Project’s Website**

**https://www.artemi-project.eu/**

**Partners**

* [Associazione DUN - Onlus](http://www.dunonlus.com/)
* [Associacao recreativa, cultural e social de Silveirinhos](https://www.facebook.com/associacaosocialdesilveirinhos)
* [Storie di mondi possibili](https://storiedimondipossibili.it/)
* [Mobilizing Expertise AB](https://mexpert.se/)
* [Dafni Kentro Epaggelmatikis Katartisis](https://kekdafni.gr/)

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